## **CHECKLIST FOR PARENTS**

Common sense, experience and a great deal of research tell us that the support of parents is a very important factor in the education of young people.

Always try to:

- 1. Set aside some time each day to talk and listen to their child and encourage a positive attitude about school. Ensure that their child understands that they care about what happens to him/her during the school day.
- 2. Find out what is happening at school by attending parents' evenings class and curriculum meetings.
- 3. Encourage their child to be properly equipped for school with a bag, pencils, rulers, etc and that he/she has a PE kit ready at the right time.
- 4. Encourage their child to read as much as possible by providing newspapers and books and by helping him/her to join and use the local library. Give your child plenty of pencils and crayons to foster good pencil control. Use Birthdays and Christmas as opportunities to buy presents that will help with learning eg paints, paper, crayons, construction toys, modelling materials, puzzles and books.
- 5. Don't rush to the conclusion that their child has been 'picked on' if he/she has been in trouble. This may undermine what the teacher is trying to do. Take the time to talk to your child's teacher and check what has been happening. If you are concerned that another child is being unkind always contact your child's teacher however small the incident.
- 6. Ensure that their child gets a good night's sleep and does not stay up late. They need to come to school fully toilet trained and proficient in getting dressed and undressed.
- 7. Encourage their child to use the media, especially TV, selectively and take advantage of the many excellent programmes that help learning. Be aware of over use of hand held computers/arcade consoles.
- 8. Ensure that their child has a healthy diet and that he/she comes to school with a good breakfast inside him/her. Ensure that your child is used to regular meals and does not 'graze' all day.
- 9. Check on homework regularly. Look at books and praise his/her efforts.
- 10. Keep the teacher/group tutor informed about any factors that may affect their child's performance or well-being in school.

We are all a team working together to make sure that children experience the best at Braywood.