

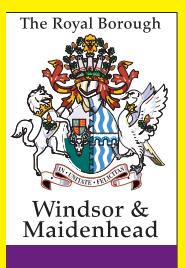


# Windsor / Datchet Hub

April – July 2015

## Children's Centres Guide

Your guide to activities and services  
within the Windsor/Datchet Hub,  
for families with children under 5



# I am Josh



I am Josh. I have Down Syndrome. I am not Down Syndrome. I am Josh.

Down Syndrome is the common name for Trisomy 21. This means that I have three copies of my 21<sup>st</sup> chromosome, whereas most people only have 2. Because of this I have some physical characteristics that look different to other people, it is harder for me to learn and it is harder for me to work my muscles than other people.

When people realise I have Down Syndrome, most of them think my mother is really old. But actually, the average age of a mum at diagnosis is 28. My mum isn't quite that young but she keeps telling me she didn't come from the ark (he, he).

Some people feel very confused as they think that no one gets born with Down Syndrome now. But Down Syndrome cannot be prevented, and it cannot be cured. In fact, right now, it can't even always be accurately detected. In half the cases of Down Syndrome, it is only found at birth - just like me. But what people don't know is that we are miracles. Where Down Syndrome is detected, more than 90% people terminate their pregnancy and the nurses told me that, when found at birth, 20% babies are never taken home. So the fact that children like me survive and are in loving homes is quite miraculous.

The other thing most people don't realise is how much most Down Syndrome children have had to fight so far. About half of us are born with heart issues, and about 20% have bowel issues so many need surgery in the first few months of their life. Having Down Syndrome makes you more likely to get a large range of conditions – epilepsy, autism, poor vision etc. So far, I'm lucky to have missed most of these but I do have moderate hearing loss due to my ear canals being very small and being filled with fluid.

But actually life for me is very similar to another toddler. I learned to sit by myself at 8 months, learned to crawl at 10 months and now, at 19 months like to cruise around the house. The doctors seem to be quite impressed with my physical progress but they don't realise that I have a twin sister and an elder sister playing rough and tumble with me all the time. They don't give me any special treatment. Nothing like having to fight for attention (he, he). I sometimes can be naughty, but most of the time I am happy, determined, funny and very affectionate.

I do have a lot more appointments than the average child. I see audiology, orthoptics, orthotics, physio, a community paediatrician, teacher of the deaf, portage teacher... – the list is endless. They are always giving me more exercises to do so that people with Down Syndrome achieve more than they have ever done before.

And some scientists have decided that people with Down Syndrome might actually hold the clues to beating some pretty serious diseases. As an example, scientists believe they have detected some markers for Alzheimers. All people with Down Syndrome have these, but not all people with Down Syndrome develop Alzheimers. So scientists think that if they understand how some people with Down Syndrome beat them, they might be able to develop a cure for Alzheimers overall. They approached my mum, and so now my twin sister and I are participating in a medical study at Birbeck College to see if we can help them.

Probably the biggest challenge for me is learning to speak. Because of my learning disability I find it hard to learn what things are. Because of my hearing loss it's hard to hear different speech sounds clearly. And because my mouth muscles don't work well it's hard for me to make sounds. Luckily a group called Chatterbox is helping me. They provide private speech and language one a week where I learn exercises for my mouth and throat, practice making different sounds and learn words and how sentences are constructed.

I love meeting people and am always out and about. If you see me do come and chat. You might need to give me a bit more to respond because sometimes I have to think about things for a bit longer. But I'm very sociable and love meeting new people.

And remember, I am Josh. I have Down Syndrome but I am not Down Syndrome. I am Josh.

If anyone would like more information about Down Syndrome or about Chatterbox, please feel free to contact Clare McIntosh on (0118) 932 1435 or [claremcintosh.uk@gmail.com](mailto:claremcintosh.uk@gmail.com) Donations to Chatterbox can be made at <http://ebdssg.org.uk>

# Welcome to our guide

## Inside this issue

P4/ ADULT WITH CHILD ACTIVITIES  
Details of weekly play sessions

P9/ ARTICLE ON TRANSITION GROUPS

P14- 15/ VOLUNTEERING IN CHILDREN'S CENTRES

P22/ PARENTING SERVICES  
Details of courses and support groups

P25/ FOR NEWBORN AND BABIES  
Details of clinics and support groups in your area

P27/ WORK AND FINANCES  
Help with finding work, money and debt advice

P29/ USEFUL CONTACTS  
Contact details of other services in your local area

P33/ REGISTRATION FORM  
Complete this form to register with your local Children's Centres

## Key

To make it easy to follow we have set out pages by day and then in order of the time the activity begins. Each activity has a series of icons to guide you

<b>D</b>	Datchet Children's Centre		There is a cost involved
<b>L</b>	Lawns Children's Centre		Please contact organiser before attending
<b>P</b>	Poppies Children's Centre		Term time only
<b>SA</b>	South Ascot Children's Centre		In partnership with the Health Visiting Team
<b>EW</b>	Eton Wick Children's Centre		Suitable for children aged 0-12 months
<b>OW</b>	Old Windsor Youth and Community Centre		Suitable for children aged 3-12 months
<b>M</b>	The Manor Children's Centre		Suitable for children aged 18 months to 5 years
<b>W</b>	Wraysbury Village Hall		Suitable for children aged 0-5 years
<b>CC</b>	A Children's Centre activity supported by qualified staff		Suitable for children aged 1-2 years

# Monday

9.30am - 10.15am Weekly/ Book

10.45am - 11.30am Weekly/ Book

## Music Zone

### Adult and Child Activity



£3.00 per session, £1 for siblings

Come and enjoy a fun, guided musical session with lots of singing, stomping, clapping, wriggling and just having a good time!

#### Datchet Children's Centre

Datchet St Mary's CofE Primary Academy,  
The Green, Datchet SL3 9EJ

Vicky 07533 611413

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)

Do you need  
this information  
translated?

کیا ان معلومات کو ترجمہ اپنی زبان میں پڑھتے ہیں؟

¿Necesita esta información  
traducida?

Czy potrzebujesz tej informacji  
w języku?

Avez-vous besoin de cette  
information traduite?

9.45am - 10.30am Weekly/ Drop in

## Agile Monkeys (Pilates for Mummy and Baby)

### Adult and Child Activity



£36 for 6 weeks

This class will help new mums build strength and stamina, improving muscle tone in weak areas such as the pelvic floor and abdominals, although Dads can also benefit from strengthening these areas also so the class is not exclusively for Mummies! Babies (non walkers) are safely placed on mats while you enjoy your workout. There is no pressure to complete whole class if you need to feed or change or soothe your little one

#### Benefits

Meet new Mums, reduce and prevent back pain, improve flexibility, improve posture, regain abdominal strength, increase stamina.

All participants need to have clearance to exercise from their GP before embarking on this programme.

An ideal class as an introduction to exercise after childbirth.

#### Lawns Children's Centre

Imperial Road, Windsor, SL4 3RU

07955796253



Come and join  
the Advisory Board.  
  
See page 32  
for details.

1.30pm - 3pm Weekly/Drop in

## Nurture Group

Drop in & play



Voluntary donation for tea and coffee

Children's Centres and Health Visiting team working in partnership to offer an opportunity for parents to meet other parents, and seek advice from Health and Children's Centre Staff

### Datchet Children's Centre

Datchet St Mary's CofE Primary Academy,  
The Green, Datchet SL3 9EJ

01753 582564

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)



**F**amily Friends Provides Short term support to families who are facing difficult times and enables them to get back on their feet. Their help is free, confidential and open to any family living in the Royal Borough of Windsor

and Maidenhead with a child aged 0-13years. They have both volunteers and paid workers who help families. For more information, please visit their website: [www.family-friends.org.uk](http://www.family-friends.org.uk) or telephone:

0300 800 1005 (during office hours)

# Tuesday

9.15am - 11.30am Weekly/Drop in

## Childminders/ Nannies Play Session

Drop in & play



Free session arranged by Childminders,  
for Childminder's and Nannies

A play session for babies, children and  
their Childminders.

Activities for the children and an  
opportunity for Childminders to network  
and share good practice

### **Lawns Children's Centre**

Imperial Road, Windsor, SL4 3RU

Debbie Coumbe 07919 530285  
[debbie.coumbe@btinternet.com](mailto:debbie.coumbe@btinternet.com)

**Volunteers  
urgently  
needed to help  
with groups  
Please see  
page 14**

9.30am - 11am Weekly/Drop in

## Stay and Play

Drop in & play



£1.50 Contribution per family

Stay and Play sessions give parents/  
carers and their children the opportunity  
to play together in a stimulating and  
fun environment which is supported by  
qualified Early Years Practitioners.

Each session offers a range of activities,  
promoting the child's development,  
whilst also providing ideas of things to do  
at home

### **Poppies Children's Centre**

Kenneally, Broom Farm Estate, SL4 4XP

01753 582564

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)

9.30am-12.00pm Weekly/Drop in

## Open Access Play Session.

New

Drop in & Play



Come along and play, in this session  
you can come and access the children  
centre and play with the equipment, read  
the resources, meet your friends and  
make new ones. Staff do not support  
this session but are on site if you have  
questions, queries and feedback. Fun for  
all children under 5 years with time to  
play with the adults that they arrive with.

**The Manor Youth Centre Dedworth**  
Hanover Way, Windsor, SL4 5NW

01753 582564

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)

10am - 11.30am Weekly/Drop in

1.45pm – 2.45pm Book

## Stay and Play

Drop in & play



£1.50 Contribution per family

Stay and Play sessions give parents/carers and their children the opportunity to play together in a stimulating and fun environment which is supported by qualified Early Years Practitioners.

Each session offers a range of activities, promoting the child's development, whilst also providing ideas of things to do at home

**Old Windsor Youth and Community**  
Robin Willis Way, Old Windsor, SL4 2PX

01753 582564  
[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)

## Nurture Babes Baby Massage

### Adult and Child Activity



£50 for 5 sessions which includes free massage oil

Contact provider for dates

Come along and join the fun at our Nurture Babes Baby Massage classes. Baby massage helps develop the attachment bond between parent and baby as well as promoting better sleep and relieving symptoms of colic, teething and constipation.

### Datchet Children's Centre

Datchet St Mary's CofE Primary Academy,  
The Green, Datchet SL3 9EJ

07958 740415 (Sharon)  
[www.nurturebabes.co.uk](http://www.nurturebabes.co.uk)



## Advisory Board

We are now recruiting new parents to join our Advisory Board and keen to hear from interested people

Please see pg 32 for more information or contact Serena

Tel: 01753 582564

1pm - 3.30pm Weekly/Book

## Using Your Senses

### Adult and Child Activity



1:1 sensory session

This session is for babies under the age of 1 or children with additional needs.

Each session will use a range of sensory equipment, in a relaxing environment that will help parents and children bond whilst developing children's skills through their senses

**Eton Wick Children's Centre**

Eton Wick CofE First School, Sheepcote Road, Eton Wick SL4 6JB

01753 582564

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)

1.30pm - 3pm Weekly/Drop in

## Nurture Group

### Drop in & play



Voluntary donation for tea and coffee

Children's Centres and Health Visiting team working in partnership to offer an opportunity for parents to meet other parents, and seek advice from Health and Children's Centre Staff

**The Manor Children's Centre**

Dedworth, Hanover Way, Windsor, SL4 5NW

01753 582564

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)**Tuesday**

1.30pm – 3pm Weekly/ Drop in

## Inbetweenies

### Drop in & play



£1.50 Contribution per family

Play and learn in this brand new group set up for all children who have out grown the Nurture Group but are not quite ready for the Stay and Play sessions. You can start your own Learning Journal, have fun with the toys and equipment on hand for you and build up confidence with moving around and making friends before you get involved with the fun at our Stay and Plays.

**Lawns Children's Centre**

Imperial Road, Windsor, SL4 3RU

01753 582564

[childrens centre@rbwm.gov.uk](mailto:childrens centre@rbwm.gov.uk)

**KEEP  
CALM  
AND  
HAVE YOUR  
SAY**

Come and join the  
Advisory Board.

See page 32 for details

# TRANSITION GROUPS



- Is your child going to be starting nursery school soon?
- Would you like to help boost both theirs and your confidence about this new transition?
- Would you both like to make new friends before your start and meet some of the children who you will go to nursery with?
- Would you like some practical information to go to nursery with about your child around his/her development so far?
- Would you like to have some fun with your child before they start on their nursery career?

**If you have answered yes to any of the questions above - then look no further.....**

We are now running transition groups across the Windsor/Datchet hub to help your children settle into their new nursery place with confidence and friendships. Once they have attended the transition group they will have their very own Learning Journal to take along with them to the new nursery school to show off what they have already learnt. As parents/carers you will find pleasure in sending them off with new found confidence in knowing new friends and looking forward to their new adventure.

**For more information please call Aimee Deacon on 01753 582564 at Little Cygnets Children's Centre.**

# Wednesday

1.30pm-3pm Weekly/Dropin

## Young Parents Group

Drop in & play



First and Third Wednesday of the month.

For Parents and Carers aged 25 and under with children under 5 years, come and have fun with new activities, and gain information and advice from our highly qualified and supportive staff

### Poppies Children's Centre

Kenneally, Broom Farm Estate,  
SL4 4XP

01753 582564

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)

1.45pm – 2.45pm Book

## Nurture Babes Baby Massage Adult and Child Activity



£50 for 5 sessions which includes free massage oil

Contact provider for dates

Come along and join the fun at our Nurture Babes Baby Massage classes. Baby massage helps develop the attachment bond between parent and baby as well as promoting better sleep and relieving symptoms of colic, teething and constipation.

### Lawns Children's Centre

Imperial Road, Windsor, SL4 3RU

07958 740415 (Sharon)

[www.nurturebabes.co.uk](http://www.nurturebabes.co.uk)



10am - 11.30am Weekly/Drop in

## Parents 4 Parents

Drop in & play



£1.50 contribution per family

A parent/ carer run play session for parents/ carers to enjoy together with their children within the nurturing environment of the Children's Centre. Please note that this group is run by volunteers

### Lawns Children's Centre

Imperial Road, Windsor, SL4 3RU

01753 582564

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)

1.30pm - 3pm Weekly/Drop in

## Stay and Play

Drop in & play



£1.50 Contribution per family

Stay and Play sessions give parents/ carers and their children the opportunity to play together in a stimulating and fun environment which is supported by qualified Early Years Practitioners.

Each session offers a range of activities, promoting the child's development, whilst also providing ideas of things to do at home

### Datchet Children's Centre

Datchet St Mary's CofE Primary Academy,  
The Green, Datchet SL3 9EJ

01753 582564

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)

# Wednesday

9.30am - 11am Weekly/Drop in

## Stay and Play

Drop in & play



Stay and Play sessions give parents/carers and their children the opportunity to play together in a stimulating and fun environment which is supported by qualified Early Years Practitioners.

Each session offers a range of activities, promoting the child's development, whilst also providing ideas of things to do at home.

**Wraysbury Village Hall,**  
The Green  
Wraysbury, TW19 5NA



[www.ebwomensaid.org.uk](http://www.ebwomensaid.org.uk)

**Imagine, being afraid to go to sleep at night, being afraid to wake up in the morning.**

**Imagine, being denied food, warmth or sleep.**

**Imagine, being a prisoner in your own home. Imagine, permanent injuries and sometimes death.**

**Imagine, living with domestic violence...Imagine**

**Free phone 24hr Domestic Violence Helpline 0800 0852 654**

**Have you changed your email or home address since registering with the Children's Centre?**

If you have, please could you let us know so that you don't miss out on receiving

information about Children's Centre Services

Email: [Childrens.Centres@rbwm.gov.uk](mailto:Childrens.Centres@rbwm.gov.uk)

# Thursday

## Speech & Language Drop in

Datchet

Do you have concerns about your child's communication and speech development? Come along and speak to a friendly Speech and Language Therapist who will give advice and support or, if necessary a referral to the Speech and Language Service (S&L)

This drop in is suitable for children up to the age of 5 years

1pm - 3pm  
Thursday 14th May  
and Thursday 9th July

**Datchet Children's Centre**  
Datchet St Mary's CofE Primary Academy, The Green, Datchet SL3 9EJ

9.30am -11am Weekly/Drop in

## Childminders Play Session

### Drop in & play



Arranged by Childminders for Childminder's

A play session for babies, children and their Childminders. Activities for the children and an opportunity for Childminders to network and share good practice

**Datchet Children's Centre**  
Datchet St Mary's CofE Primary Academy, The Green, Datchet SL3 9EJ  
Contact Emma and Ajay  
Email: rainbowwellies@yahoo.co.uk

9.45am - 10.30am Weekly/Book

10.45am - 11.30am Weekly/Book

11.45am - 12.30pm Weekly/Book

## Hartbeeps

### Parent and Child Activity



£30 for a 6 week term or drop in available,  
£5 per session

Discounted sibling rate available!

9.45am - 10.30am - Walking to 4 years

10.45am - 11.30am - Babies sitting to walking

11.45am - 12.30pm - 0 to 6 months

Big fun, magical music and sensory classes for babies and toddlers in Maidenhead, and Windsor!

Challenging accepted definitions of baby and toddler music classes, Hartbeeps creates innovative, multi-sensory and highly interactive productions for the very young.

By transforming everyday environments into colourful, tactile wonderlands we invite our participants to join us in a world of the imagination. Using clever state of the art music production, original music composition, sound effects, songs and sound plays, lighting effects, innovative props and puppetry together with a vast array of multi-sensory techniques, we create original and highly specialised experiences for our young Hartbeepers.

### Poppies Children's Centre

Kenneally, Broom Farm Estate, SL4 4XP

📞 Liz or Nick: 07985 935662

Email:liz@hartbeeps.com

www.hartbeeps.com

**Thursday**

1.00pm - 2.30pm Weekly/Drop in

10am - 11am Weekly

## Stay and Play

Drop in & play



£1.50 contribution per family

Stay and Play sessions give parents/carers and their children the opportunity to play together in a stimulating and fun environment which is supported by qualified Early Years Practitioners.

Each session offers a range of activities, promoting the child's development, whilst also providing ideas of things to do at home

**The Manor Children's Centre**  
Hanover Way, Windsor, SL4 5NW,

01753 582564

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)

## Messy Monets

Adult and Child Activity



£5 per session

£4 sibling rate



Aimed at children 16months+, each one hour session will always involve painting, some dough/clay fun, followed up by creating another mini masterpiece out of various materials.

At each session, children will proudly take home two items they have made, making Messy Monets great value for money.

Classes are themed so children not only express themselves by what they create, but learn about the world as well.

**Old Windsor Youth and Community Centre,**  
Robin Willis Way, Old Windsor, SL4 2PX,

07974 113434

Email: [melissa@messymonets.co.uk](mailto:melissa@messymonets.co.uk)  
[www.messymonets.co.uk](http://www.messymonets.co.uk)  
[www.facebook.com/messymonets](http://www.facebook.com/messymonets)

## Speech & Language Drop in



Do you have concerns about your child's communication and speech development? Come along and speak to a friendly Speech and Language Therapist who will give advice and support or, if necessary a referral to the Speech and Language Service (S&L)

This drop in is suitable for children up to the age of 5 years

9am - 11.30am  
Every Thursday

**The Manor Children's Centre** Dedworth, Hanover Way,  
Windsor, SL4 5NW

# Parent Champions

Parent Champions are parent led volunteers who work in the community to provide families with information on a range of services and activities on offer at your local Children's Centre.

This includes information on:

- Two year old funding
- Parenting services
- Accessing and enjoying their local Children's Centre

For more information please email [Childrens.centres@rbwm.gov.uk](mailto:Childrens.centres@rbwm.gov.uk) or phone 01753 582564



"There is one source of information that parents rely on most - other parents"  
- *Family and Childcare Trust*



## Volunteer now

"Parent Champions act as advocates and peer advisers to other parents in the community" - *Family and Childcare Trust*



Parent Champions are volunteers working within the community with the aim to:

- Encourage as many parents as possible to use services and activities on offer in their local Children's Centre.
- Promote Two Year Old Funding
- Promote Parenting Services

If you have a few hours to spare and enjoy talking to families, then you could become a Parent Champion and help families to take up opportunities that will make a difference to them.

In return we will offer you free accredited training and support

# Become a Children's Centre Volunteer

## Volunteer today

We urgently need volunteers to help with services within the Children's Centre. In return we can offer you free accredited training and support.

By volunteering for your local Children's Centre, not only will you be giving something back to your community but you will also be helping families whilst gaining new skills and experiences.

So if you have some time to give, check out the volunteering roles below

For more information please phone 01753 582564



Monday	Tuesday	Wednesday	Thursday	Friday
<u>Datchet Children's Centre</u> <b>Volunteer Receptionist and Parent Greeter</b> 9am – 12pm	<u>Poppies Children's Centre</u> <b>Stay and Play Helper</b> 9am – 11.30am	<u>Datchet Children's Centre</u> <b>Volunteer Receptionist and Parent Greeter</b> 9am – 12pm		<u>Datchet Children's Centre</u> <b>Volunteer Receptionist and Parent Greeter</b> 9am – 12pm
	<u>Old Windsor Children's Centre</u> <b>Stay and Play Helper</b> 9.30am – 12pm	<u>Lawns Children's Centre</u> <b>Group Helper</b> 9.30am – 12pm		<u>South Ascot Children's Centre</u> <b>Stay and Play Helper</b> 9am – 11.30am
Afternoon				
<u>Datchet Children's Centre</u> <b>Volunteer Receptionist and Parent Greeter</b> 12pm – 3pm		<u>Datchet Children's Centre</u> <b>Volunteer Receptionist and Parent Greeter</b> 12pm – 3pm	<u>Manor Children's Centre</u> <b>Stay and Play Helper</b> 12.30pm – 3pm	<u>Datchet Children's Centre</u> <b>Volunteer Receptionist and Parent Greeter</b> 12pm – 3pm
<u>Lawns Children's Centre</u> <b>Stay and Play Helper</b> 1pm – 3.30pm		<u>Datchet Children's Centre</u> <b>Stay and Play Helper</b> 1pm – 3.30pm	<u>South Ascot Children's Centre</u> <b>Nurture Group Helper</b> 1pm – 3.30pm	<u>Poppies Children's Centre</u> <b>Children's Centre Helper</b> 12pm – 3pm

# Thursday

## Speech & Language Drop in

Eton  
Wick

Do you have concerns about your child's communication and speech development? Come along and speak to a friendly Speech and Language Therapist who will give advice and support or, if necessary a referral to the Speech and Language Service (S&L)

This drop in is suitable for children up to the age of 5 years

1pm - 3pm  
Thursday 11th June

**Eton Wick Children's Centre**  
Eton Wick CofE First School,  
Sheepcote Road,  
Eton Wick, SL4 6JB

1.30 – 3pm Weekly/Drop in

## Little Soldiers Drop in and Play

P 0-5 CC £

Voluntary contribution of £1.50

For all Army families in the Windsor/  
Datchet Hub

Come along and join in the fun, lots of toys and activities for you and your child whilst also getting to meet other families who's partner are serving in the Army

**Poppies Children's Centre**  
Kenneally, Broom Farm Estate, SL4 4XP

01753 582564

childrens.centres@rbwm.gov.uk

1.30pm - 3pm Weekly/Drop in

## Sensory Stars Adult and Child Activity

EW 0-5 CC T

A sensory group for children aged 0-5 yrs

Each session will use a range of sensory equipment, in a relaxing environment that will help parents and children bond whilst developing children's skills through their senses

### Eton Wick Children's Centre

Eton Wick CofE First School, Sheepcote Road, Eton Wick SL4 6JB

01753 582564

childrens.centres@rbwm.gov.uk

1.30pm - 3pm Weekly/Drop in

## Nurture Group Drop in & play

SA 0-12M CC NHS

The Nurture Group is held at All Souls Church Hall

Voluntary donation for tea and coffee

Children's Centres and Health Visiting team working in partnership to offer an opportunity for parents to meet other parents, and seek advice from Health and Children's Centre Staff

**All Souls Church Hall**  
Church Road, Ascot, SL5 9DP

01753 582564

childrens.centres@rbwm.gov.uk

## The Freedom Programme

"A group to talk about how to move forward and make me stronger in myself"



Do you feel afraid of your partner a lot of the time?

Is your partner excessively jealous and possessive?

Do you feel you are walking on eggshells to avoid making your partner angry or aggressive?

Does your partner blame you for everything?

Does your partner pressure you to have sex when you don't want to?

Is your partner constantly criticising you and putting you down in front of others?

Does your partner tell you what to wear, who to see and where you can or cannot go?

THESE ARE ONLY A FEW OF THE SIGNS THAT YOU COULD BE SUFFERING DOMESTIC ABUSE

Drop in to a Freedom Programme Support Group near you – the group looks at why men abuse their partners and children, and to recognise the beliefs that they hold which allows them to do it. It is a 12 week rolling programme with no waiting list so you can join at any time.

This programme is open to any women who wish to learn more about the reality of domestic abuse. It is confidential and you can be sure of a warm welcome

You will be free to come, free to go, free to think, free to feel, free to laugh, free to cry, free to share, free to choose, free to be yourself, free to feel empowered.

Contact: 01753 582564  
Childcare available (free)



# Friday

- 9.30am - 10.15am Weekly/Book
- 10.30am - 11.15am Weekly/Book
- 11.30am - 12.15pm Weekly/Book

## Hartbeeps

### Parent and Child Activity



9.30am - 10.15am - **Happy House** (for children walking to four years)

10.30am - 11.15am - **Baby Beeps** (for babies sitting to toddling/walking)

11.30am - 12.15pm - **Baby Bells** (for babies from birth to sitting)

Big fun, magical music and sensory classes for babies and toddlers in Maidenhead, and Windsor!

Challenging accepted definitions of baby and toddler music classes, Hartbeeps creates innovative, multi-sensory and highly interactive productions for the very young.

By transforming everyday environments into colourful, tactile wonderlands we invite our participants to join us in a world of the imagination. Using clever state of the art music production, original music composition, sound effects, songs and sound plays, lighting effects, innovative props and puppetry together with a vast array of multi-sensory techniques, we create original and highly specialised experiences for our young Hartbeepers.

#### All Souls Church Hall

Church Road, Ascot, SL5 9DP

Rachel 07921 235378

Email: [rachel@hartbeeps.com](mailto:rachel@hartbeeps.com)

[www.hartbeeps.com](http://www.hartbeeps.com)

- 9.30am - 10.15am Weekly/Book

- 10.25am - 11.10am Weekly/Book

## Jo Jingles

### Adult and Child Activity



5 sessions £25

10 sessions £50

Discounted rate available for siblings!

Free taster session available on request

9.30am - 10.15am Crawling to 2 years

10.25am - 11.10am 2 years +

Educational, Creative & FUN!

MUSIC, SINGING & MOVEMENT classes for babies and pre-school age children from 3 months to 5 years of age.

Fun early learning in a relaxed and caring environment.

#### Lawns Children's Centre

Imperial Road, Windsor, SL4 3RU

Roz: 01628 631202 or 07876 328047

Email: [jojingleswam@outlook.com](mailto:jojingleswam@outlook.com)

<http://windsor.jojingles.com>

**Friday**

10am - 12pm Monthly/Drop in

## NCT Drop in

Drop in & play



A group run by the NCT

This group runs monthly

Dates as follows: 22nd May and 26th June

### Datchet Children's Centre

Datchet St Mary's CofE Primary Academy,  
The Green, Datchet SL3 9EJ

Hannah: 07795 148505

1.00pm - 2.30pm Weekly/Drop in

## Stay and Play

Drop in & play



£1.50 contribution per family

Stay and Play sessions give parents/carers and their children the opportunity to play together in a stimulating and fun environment which is supported by qualified Early Years Practitioners.

Each session offers a range of activities, promoting the child's development, whilst also providing ideas of things to do at home

### Creative Little Footsteps Preschool

South Ascot Church Hall  
Church Road, South Ascot SL5 9DP

01753 582564

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)

10.30am – 12pm Weekly/Drop in

## Twins and Triplets Group

Drop in & play



£1.50 voluntary contribution per family

Double and triple the fun and learning in this new group for all families with multiple births. With such a large number of twins and triplets living in our hub we have set this time aside for you to come together and make friends, chat to staff and access all the information and support on offer at Datchet Children's Centre

Please note this group does not run when the NCT group is on - 22nd May and 26th June.

### Datchet Children's Centre

Datchet St Mary's CofE Primary Academy,  
The Green, Datchet, SL3 9EJ

01753 582564

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)

1.30pm – 3pm Weekly/ Drop in

## Soft Play

Drop in & play



A session of soft stuff. Soft play is about exploring, playing and learning in a safe area of soft play equipment. It is a popular session and includes lots of laughter and a new way to play with your friends.

### Datchet Children's Centre

Datchet St Mary's CofE Primary Academy,  
The Green, Datchet, SL3 9EJ

01753 582564

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)

Friday

# Friday

1.15pm - 2.45pm Weekly/Drop in

## Twinkle Twinkle Parent and Child Activity for children with Special Needs



A voluntary group run by parents

A fun and supportive session for children with Special Needs..

Come along and chat to other parents whilst your child enjoys the toys and activities available

From 1.30pm Hartbeeps also delivers sensory play.

**Poppies Children's Centre**  
Kenneally, Broom Farm Estate, SL4 4XP

☎ Clare: 07789 572397  
[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)



The Soldiers, Sailors, Airmen and Families Association

We provide financial, practical and emotional assistance to anyone that is currently serving or has ever served in the Army, Navy or RAF, and their families.

Contact: 0845 241 7141  
[www.ssafa.org.uk](http://www.ssafa.org.uk)

2pm - 4pm Weekly/Drop in

## Die Kleinen Racker Drop in & play



£1.50 contribution per family

For German speaking families or those who speak German as an additional language

A fun free play session, with German stories and songs at the end of the session run by friendly German speaking parents

**Lawns Children's Centre**  
Imperial Road, Windsor, SL4 3RU

☎ Steffi: 07715 597336  
☎ Mona: 07957 233304

## Citizens Advice Bureau



The Maidenhead Citizens Advice Bureau offers practical, up-to-date information and advice on a wide range of topics, including: debt, benefits, housing, employment, immigration, consumer and other problems

Contact Maidenhead CAB on:  
**01628 674842**

### CAB Drop - in Sessions

The Citizens advice bureau has drop-in sessions for an initial needs assessment

For more information please visit  
Citizens Advice National Website:  
**[www.adviceguide.org.uk](http://www.adviceguide.org.uk)**

10am – 11.30am – Drop in

## Messy Play

Drop in & play



All the mess of perfect play experiences ready made in the children centre. Don't wear your new clothes come and be prepared to have plenty of new experiences, come get involved in the squidgy, messy fun that is on at Datchet Children Centre on Saturday mornings. Wet wipes and towels on offer to clean yourselves up afterwards!

### Datchet Children's Centre

Datchet St Mary's CofE Primary Academy,  
The Green, Datchet,  
SL3 9EJ

01753 582564

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)

## NCT First Aid Courses

This is a short basic course that covers the basics such as CPR for babies and children, managing a choking emergency, febrile convulsions, burns, scalds, asthma, plus adding in other areas, such as everyday illnesses, if time allows.

25th April 2015

**Datchet Children's Centre**  
Datchet St Mary's CofE Primary  
Academy,  
The Green, Datchet SL3 9EJ

Cost - Please contact Hannah

For more information please call:

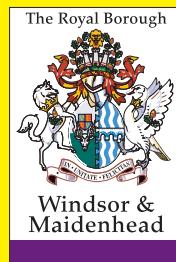
**07795 148505**

## NEW WEBPAGES

Check out our new Children's Centre webpages on the Royal Borough Website.

Find out information on:

- What's On – Children's Centre Timetable
- Support and advice for families
- Volunteering opportunities
- Local Centres and contact details
- Things to do at home
- Child Protection Policy
- Newsletter



### Google - RBWM Children's Centres

<http://www.rbwm.gov.uk/web/childrens-centres.htm>

Let us know what you think of our pages by rating us at the bottom of the page

COMING  
SOON

# Parenting Services

There is often a high level of stress involved in parenting, with confusion and misinformation coming from every direction. The Parenting Team offer a range of parenting programmes to support families



## Primary Triple P

Dates for next course :- 28th April to 16th June

10.00am to 12.00pm at Datchet Children's Centre

The three P's in Triple P stand for 'Positive Parenting Programme'.

Triple P cuts through the confusion involved in parenting and gives you clear simple strategies to turn problems around and also to prevent problems developing in the first place.

Triple P helps you understand the way your family works and uses things you already think, feel, say and do in new ways that nurture relationships, parenting skills and confidence as well as supporting your wellbeing.

The Programme is 4 consecutive weeks, with a small break for one to one support, followed by a final session.

## Baby Incredible Years

Dates for next course:- 29th April to 17th June

10.00am to 12.00pm at Poppies Children's Centre

Baby Incredible years is a friendly and relaxed course for first time parents of babies aged 8 - 12 weeks. This group is run over a 10 week period and during that time parents will learn to observe and read their babies' cues, ways to provide nurturing and responsive care including physical, tactile, and visual stimulation as well as verbal communication.

Please note that places for this group are only from professional referrals



# Parenting Services

## Primary Seminars



Whether you need a little bit of support to make sure you're on the right track or noticed signs of problem behaviours that are becoming unmanageable, Triple P seminars are a short introduction to positive parenting strategies. You can either attend 1 seminar or all 3 and there's a free crèche but places are limited so please book early

Primary Triple P seminars are suitable for parents of children aged 2-10 years

Seminar 1

### The Power of Positive Parenting

Seminar 2

### Raising Confident, Competent Children

Seminar 3

### Raising Resilient Children



For more information on Triple P Seminars please contact

01628 685 615

[parenting@rbwm.gov.uk](mailto:parenting@rbwm.gov.uk)

## Discussion Groups

Parenting  
Services

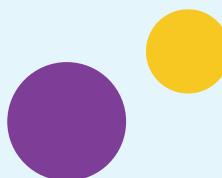
Triple P Discussion Groups are short, small group, 2 hour sessions that offer support and practical advice around a specific problem behaviour.

There are three problem behaviour topics to choose from

Free Triple P worksheet to take home

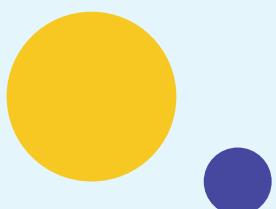


Fighting & Aggression



Developing Good Bedtime Routines

Dealing with Disobedience



For more information on Triple P Discussion Groups please contact  
01628 685 615  
[parenting@rbwm.gov.uk](mailto:parenting@rbwm.gov.uk)



# Parenting Services



## Family Transitions

The Triple P Family Transitions group is designed to help parents who are having difficulties making the transition through divorce or separation because of conflict with their co-parent, difficulties with anxiety, stress or depression or experiencing behavioural or emotional problems in their child.

Family Transitions addresses the risk factors and promotes protective factors for families going through separation and divorce. It promotes family processes that contribute to children's wellbeing during a time of transition in family structure

Family transitions is a 2 hour, friendly and relaxed, session that lasts for 5 weeks. During this time you will have a chance to have individual time with a Triple P practitioner.

### Are you interested?

If you would like to register for a group or find out more about Triple P groups, please call the Parenting Team on 01628 685 615 or email

[parenting@rbwm.gov.uk](mailto:parenting@rbwm.gov.uk)

# For Newborns, Babies and Parents to be

## Health Visitor Drop in Clinics

Baby Clinics are held regularly so that you can take your baby along and weigh them. You will also be able to discuss any worries or concerns with your Health Visiting Team and get advice on weaning, breastfeeding, sleep routines etc.

You can also pick up your Healthy Start Vitamins from any Baby Clinic

**Tuesday 9.30 am - 11 am**

**Every Week**

**St Michaels Church Hall**

Church Lane, Sunninghill, SL5 7DD

**Wednesday 1.30pm - 3pm**

**Every 2nd Wednesday of the month**

**Poppies Children's Centre**

Kenneally, Broom Farm Estate,  
SL4 4XP

**Wednesday 9.30am - 11.00am**

**Every Week**

**Datchet Children's Centre**

Datchet St Mary's CofE Primary  
Academy, The Green, Datchet SL3 9EJ

**Thursday 1.30pm - 3.30pm**

**Every Week**

**Smith's Lane Clinic**

Smith's Lane, Windsor SL4 5PE

**Friday 2pm - 3.30pm**

**1st Friday of the month**

**Eton Wick Village Hall**

Eton Wick Road, SL4 6LT

## Healthy Start Vitamins

**For more information about Healthy Start Vitamins or to purchase, ask a member of your Health Visiting Team**

## Breastfeeding Support

For information or support, or just to meet other mums breastfeeding their babies, drop in

**Monday 10am - 11am**

**Every Week**

**All Souls Church Hall**

Church Road, Ascot, SL5 9DP

**Tuesday 9.30am - 11am**

**Every Week**

**St Michaels Church Hall**

Church Lane, Sunninghill, SL5 7DD

**Wednesday 9.30am - 11.00am**

**Every Week**

**Datchet Children's Centre**

Datchet St Mary's CofE Primary  
Academy, The Green, Datchet SL3 9EJ

**Thursday 1.30pm - 2.30pm**

**Every Week**

**Smith's Lane Clinic**

Smith's Lane, Windsor SL4 5PE

## Baby Massage

A calm and relaxing class for you and your baby, enhancing bonding and communication between parent and baby

Please ask a member of the Children's Centre Team for more information or contact 01753 582564

Health &  
Support

## Useful Contacts

**Duty Health Visitor:** 01753 636523

**National Breastfeeding Helpline:**  
0300 100 0212

# For Newborns, Babies and Parents to be

## Nurture Groups

Children's Centre and Health Visiting Team working in partnership to offer an opportunity for parents to meet other parents, seek advice from Health and Children's Centre Staff

**Monday 1.30pm - 3pm**

**Every Week**

**Datchet Children's Centre**

Datchet St Mary's CofE Primary Academy, The Green, Datchet SL3 9EJ

**Tuesday 1.30pm - 3pm**

**Every Week**

**The Manor Children's Centre**

Hanover Way, Windsor, SL4 5NW,

**Thursday 1.30pm - 3pm**

**Every Week**

**All Souls Church Hall**

Church Road, Ascot, SL5 9DP

## Child Development Checks

**Appointments only**

**Monday 12.30pm - 3.30pm**

**Poppies Children's Centre**

Kenneally, Broom Farm Estate, SL4 4XP

**Monday 1.30pm - 4.30pm**

**Every Week**

**Datchet Children's Centre**

Datchet St Mary's CofE Primary Academy, The Green, Datchet SL3 9EJ

**Thursday 9.30am - 12pm**

**South Ascot Children's Centre**

The Annexe, Silver Ring, High Street, Ascot, SL5 7JF

## Midwife Appointments

**Monday 9am - 1pm**

**Lawns Children's Centre**

Imperial Road, Windsor, SL4 3RU

**Wednesday 9.30am - 1pm**

**Poppies Children's Centre**

Kenneally, Broom Farm Estate, SL4 4XP

## Midwives Meet and Greet Sessions

**By Appointment with Midwives only**

All appointments are at:

**Poppies Children's Centre**

Kenneally, Broom Farm Estate, SL4 4XP

**Contact Datchet Children's Centre for more details**

**01753 582564**

# Work and Finances



We provide support, advice, guidance and training to local residents who want to find employment in their home area. Our aim is to match local people to local jobs, whatever their background or circumstances, at every skill level – from junior operative to senior executive.

Anyone who needs help into work and particularly those who may be finding it difficult, such as:

- Lone Parents
- People who have been made redundant
- School leavers
- Adults with mental health issues or moderate learning difficulties
- Older people
- Ex-offenders
- Those who want to develop their career in a different direction

Come and see us to find out more

**Town Hall,**  
St Ives Road, Maidenhead, SL6 1RF  
**Monday's 9.30am – 3.30pm**

**Windsor Youth and Community Centre**  
Alma Road, Windsor, SL4 3HD  
**Wednesday's 9.30am – 3.30pm**

Tel: **01628 685661**  
Email: [info@growourown.co.uk](mailto:info@growourown.co.uk)

## Citizens Advice Bureau



The Maidenhead Citizens Advice Bureau offers practical, up-to-date information and advice on a wide range of topics, including: debt, benefits, housing, employment, immigration, consumer and other problems

Contact Maidenhead CAB on:  
**01628 674842**

### **CAB Drop - in Sessions**

The Citizens advice bureau has drop-in sessions for an initial needs assessment

#### **Wednesday 10am - 2.30pm**

No appointment necessary  
The Manor Youth Centre, Hanover Way,  
Dedworth, SL4 5NW

#### **Weekdays (except Thursdays)**

**10am - 3.30 pm**  
Maidenhead Citizens Advice Bureau  
4 Marlow Road, Maidenhead  
SL6 7YR

For more information please visit  
Citizens Advice National Website:  
[www.adviceguide.org.uk](http://www.adviceguide.org.uk)

Work &  
Finances

# Work and Finances



Find a job using the Universal Jobmatch service - jobseekers can match their CV and skills to jobs posted by companies

[www.gov.uk/jobsearch](http://www.gov.uk/jobsearch)

## Benefits Advisor

Struggling with money?  
Find out whether you  
are eligible for some  
additional support?

[www.gov.uk/benefits-adviser](http://www.gov.uk/benefits-adviser)

# Free Money Advice

**Because it doesn't grow on trees**



The Money Advice Service is an independent service, set up by government to help people make the most of their money, it gives free, unbiased money advice to everyone across the UK – online, over the phone and face to face.

Call **0300 500 5000**

[moneyadviceservice.org.uk](http://moneyadviceservice.org.uk)

# Useful Contacts

## National Contacts

### Gingerbread

Provide expert advice, practical support and campaign for single parents

Tel (Freephone): 0808 802 0925  
[www.gingerbread.org.uk](http://www.gingerbread.org.uk)

### Family Lives

We recognise that the best way to support families is to provide professional, non-judgmental support and advice in a way that all members of the family can freely access. We provide this through our 24 hour helpline, extensive advice on our website, our email and live chat services, befriending services, and parenting/relationship support groups

Tel: 0808 800 2222  
[familylives.org.uk](http://familylives.org.uk)

### Home Heat Helpline

The Home Heat Helpline advises people worried about paying their energy bills and keeping warm during the winter. It also gives advice to low-income households in urgent need of heating help and advice. It is free to call and is open 9am-5.30pm Monday to Fridays

Tel: 0800 33 66 99  
[www.homeheathelpline.org.uk](http://www.homeheathelpline.org.uk)

### Shelter

Shelter is a charity that works to alleviate the distress caused by homelessness and bad housing. Shelter provides free, confidential advice to people with all kinds of housing problems

Free Advice Helpline: 0808 800 4444  
<http://england.shelter.org.uk>

## Local Contacts

### Windsor Library

01753 743940  
[windsor.library@rbwm.gov.uk](mailto:windsor.library@rbwm.gov.uk)

### NCT Slough, Windsor and District

We're here to support parents. We give them accurate, impartial information so that they can decide what's best for their family, and we introduce them to a network of local parents to gain practical and emotional support.

Tel: 0844 2436264  
[sloughnct@yahoo.co.uk](mailto:sloughnct@yahoo.co.uk)

### Talking Therapies

Is an NHS service that offers help and support to people in Berkshire suffering with depression or anxiety based problems

0300 365 2000  
[talking-therapies@berkshire.nhs.uk](mailto:talking-therapies@berkshire.nhs.uk)

### Number 22

Provides free and confidential counselling to support for those in distress whilst also providing a space where clients can feel valued and heard

To speak to a counsellor please call:  
01628 636661

### The Link Foundation

The Link Foundation is a Maidenhead based children's charity committed to improving the lives of children and their families in the local community and surrounding areas

[www.linkfoundation.co.uk](http://www.linkfoundation.co.uk)

# Free childcare for 2 year olds



## Is it free for all 2 year olds?

If you are in receipt of certain benefits or have an income below around £16,000 per year, then you may be eligible.

## Contact your local council for more details:

### Two year old funding

The Royal Borough of Windsor & Maidenhead  
Town Hall, St. Ives Road, Maidenhead SL6 1RF

Tel: **01628 685959**

Email: **2yearoldfunding@rbwm.gov.uk**



# Community Learning and Skills Service

Want to learn a new skill, build your confidence or get a qualification?

We offer part-time courses for adults (over 19) and families.

- Computing
- Dance and exercise
- Cooking and healthy eating
- English and maths
- Art, craft and design
- Family learning
- Skills for work
- Hair and beauty

...and more!



Study to get a qualification or just to learn something new.

**Find us on Facebook**  
Search for Community Learning and Skills Service



Free English classes in Maidenhead (eligibility criteria apply). Call 01628 685647 to book an assessment.

Call (01628) 685647 for details of courses centres.



## **Why do we have an Advisory Panel?**

**The Sure Start Children's Centres**

**Statutory Guidance (DfE 2010) states that:**

**'The Government believes advisory panels are an important part of providing effective governance and .... The Childcare Act now requires every Children's Centre to have an Advisory Panel'**

### **What is an Advisory Panel?**

The expectation of an advisory panel is to provide a challenging role, to give focus and direction to offer a good service to local children and families and to help steer partner agencies to work together to achieve this.

Every advisory panel is unique and no one member will be expected to have all the answers or be solely responsible for the management of the panel.

The success of the panel will depend on consistent representation and cohesive working of all members to ensure the Children's Centre Hub is effective and efficient and meet local needs.

#### **Purpose of Advisory Panel**

- Ensure compliance with requirements of the Childcare Act 2006 and other statutory requirements and guidance
- To provide support and challenge to the Children's Centres Hub against national and local requirements i.e.: Ofsted, Sure Start
- Ensure the safeguarding of children is always a priority
- Participate in the development, progress and oversight of the Children's Centre Hub service delivery plan
- Work with the centre manager to identify local priorities through effective consultation
- Monitor progress against performance outcomes
- Ensure that within the Children's Centres Hub's capacity services meet local needs and contribute to meeting children's outcomes.
- Facilitate effective engagement between the community and the Children's Centres Hub in order to shape services

### **What makes a good Advisory Panel?**

- Effective team work
- Good working relationship with manager and staff
- Being a 'critical friend'
- Effective meetings that are time restrained, has a terms of reference, a focus and achieves good action plans and outcomes
- Knowing the hub area and its needs
- Identifying gaps in services
- Is child centred and focussed on children reaching their full potential
- Prioritises and maintains a focus on shaping services to support families with the highest level of need (targeted families)
- Shares good practice with other advisory panels

# A Sure Start Children's Centre



# RBWM Children's Centre Registration

## Information about you and your family

	Main Carer Details	2nd Carer Details				
First Name						
Surname						
Relationship to child						
Address and Post Code						
Mobile Number						
Email address						
Date of Birth (dd/mm/yyyy)	<input type="checkbox"/> Yes	<input type="checkbox"/> No				
Are you a lone parent?	<input type="checkbox"/> Yes	<input type="checkbox"/> No				
If you are pregnant when is the due date?						
Please delete						
Do you consider yourself/your partner to have a disability?	<input type="checkbox"/> Yes	<input type="checkbox"/> No				
What is your home language?						
How is your spoken English? (Please CIRCLE)	<input type="checkbox"/> Not Spoken	<input type="checkbox"/> Basic	<input type="checkbox"/> Fluent	<input type="checkbox"/> Not Spoken	<input type="checkbox"/> Basic	<input type="checkbox"/> Fluent
	<b>Child 1</b>	<b>Child 2</b>				
First Name						
Surname						
Date of Birth (dd/mm/yyyy)						
Male or Female (Please TICK)	<input type="checkbox"/> Male	<input type="checkbox"/> Female	<input type="checkbox"/> Male	<input type="checkbox"/> Female	<input type="checkbox"/> Male	<input type="checkbox"/> Female
Do you consider your child to have a disability?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> No

### Maidenhead Hub

Contact:

RACHAEL PARK-DAVIES  
01628 685642

### Riverside Children's Centre

West Dean  
Ray Mill Road West  
Maidenhead, SL6 7JB

### Larchfield Site

Larchfield School,  
Bargeman Road,  
Maidenhead, SL6 2SG

### Little Acorns Site

St Mark's Hospital,  
St Mark's Road,  
Maidenhead, SL6 6DU

### Woodlands Park Site

Manifold Way, Waltham Road,  
Maidenhead, SL6 3GW

### Pinkneys Green Site

Blenheim Road  
Maidenhead, SL6 5HE

### Maidenhead Nursery Site

School Lane  
Maidenhead, SL6 7PG

Ethnicity	Parent/ Carer	Child	Ethnicity		Parent/ Carer	Child
			1	2		
White British			Asian or Asian British		1	2
Irish			Indian			
Traveller/Gypsy/Roma			Pakistani			
Other			Bangladeshi			
Mixed			Any other Asian background			
White/Black Caribbean			Black or Black British			
White/Black African			Caribbean			
White/Asian			African			
Any other mixed background			Chinese			
Decline to Answer			Any other Black background			
			Other ethnic group			

### Consent

I confirm I have been given a copy of the Sure Start Children's Centre Privacy Notice which explains how the information I have supplied on this form will be used. I understand by signing this form I am giving the Children's Centre my explicit consent to use the personal information for the purposes of Government monitoring and to enable effective planning of services with other professionals working with the Children's Centre.

Children's Centres in the Royal Borough of Windsor and Maidenhead must follow the guidance and procedures of the Local Safeguarding Children Board, which requires all concerns about a child's welfare to be noted and, where appropriate, passed to the relevant authority. I confirm that I have been made aware of the Children's Centre Child Protection policy and understand that the policies and procedures will be put into practice when necessary.

**Parent Signature.....**

**Date.....**

'Data Protection Act 1998. In accordance with this act, the information you supply will only be used by the Children's Centre in its role of supporting children and families. When using information, confidentiality and anonymity will be respected at all times.'

I do not wish to register my child/ren with the Children Centre

### Windsor and Datchet Hub

Contact:  
SERENA RUMSEY-MITCHELL

01753 582564

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)

### Poppies Children's Centre

Kenneally Road  
Broom Farm, Windsor, SL4 4XP

### Lawns Children's Centre

Imperial Road,  
Windsor, SL4 3RU

### The Manor Youth Centre

Hanover Way  
Windsor  
SL4 5NW

### Little Cygnets – Datchet

St Mary's Cof E Primary  
Academy,  
The Green, Datchet, SL3 9EJ

### Little Cygnets – South Ascot

The Annexe, Silver Ring,  
High Street, Ascot, SL5 7JF

### Little Cygnets – Eton Wick

Eton Wick CofE First School,  
Sheepcote Road, Eton Wick  
SL4 6JB

### Little Cygnets – Old Windsor

Old Windsor Youth & Community  
Centre,  
Robin Willis Way, Old Windsor  
SL4 2PX



# CHILD PROTECTION POLICY

## For CHILDREN'S CENTRE



### CENTRE USER RESPONSIBILITIES

- All visitors entering the Children's Centre are required to sign in/out.
- Centre Users attending an event must complete & sign a Registration Form
- Adults are responsible for the safety of all children in their care at all times.
- Children must not be left unattended at any time, staff cannot be responsible for them.
- Children & Adults shall be treated respectfully at all times
- **Smacking a child** is unacceptable

Your Children's Centre is committed to providing a safe and secure environment for children, staff and visitors and to promoting a climate where children and adults will feel confident about sharing any concerns which they may have about their own safety or the well being of others. We are required to be watchful for signs and symptoms of:

- Physical abuse
- Sexual abuse
- Neglect
- Emotional abuse



### SAFEGUARDING CHILDREN

In the interest of safeguarding and under "Every Child Matters" agenda, we ask that Centre users refrain from using their mobile 'phones or cameras whilst attending sessions.



### CONCERNS ABOUT A CHILD'S SAFETY or WELLBEING

In the first instance Staff will work with parents or carers to offer support or advice.

#### BUT

Parents should be aware that in urgent/repeated concerns or incidents, the Centre Staff are obliged to discuss or refer these to Social Services without the consent of the parent/carer.



### ABOUT DOMESTIC VIOLENCE

We recognise that those who are abused or witness violence may find it difficult to develop a sense of self worth and may view the world in a negative way. They may feel helpless, and feel a sense of self-blame.

The Children's Centre will work with other agencies in order to support them.



Please feel free to see our Full Child Protection Policy at Reception

# **Privacy Notice – Sure Start Children’s Centres**

Sure Start Children’s Centres within the Royal Borough of Windsor and Maidenhead can be based on school sites, community centres or hospital sites. Wherever they are, their services are run independently although still supportive of other organisations and agencies.

Schools, Local Authority (LA), the Department for Education (DfE), the Department of Health (DH) and the Primary Care Trust (PCT) all process data in order to run their services efficiently and effectively. As part of the Family Support’s recording policy all information provided will be stored on a RBWM Children’s Services Database. Your information will only be accessed by appropriate staff working on behalf of RBWM, these staff are subject to Disclosure Barred Service and comply with the council’s policy on confidentiality. We would like to explain to you what information will be held, the reasons why and how it will be used.

The only information held will be that which is provided by you on the Registration Form.

We collect data on children and parents/carers to be able to meet the monitoring requirements set by Government and to inform the development and delivery of our services.

Sure Start Children’s Centres work closely with partners in schools, the PCT, LA and other groups supporting children and families. Centres will be inspected by Ofsted. Data provided by you to the Children’s Centre will not be shared in a way that will identify either you or your child to any other organisation. Should it be felt that another organisation may be able to offer support to you or your child, you will be consulted before any information is shared<sup>1</sup>.

Information you have provided can be removed from the database, should you request it.

Children, young people and their parents/carers, as data subjects, have rights under the Data Protection Act 1998, including a general right of access to personal data held about them, with parents exercising this right on children’s behalf if they are too young to do so themselves, (usually under 12 years old). Further information about data protection and your rights can be found at [http://www.rbwm.gov.uk/web/foi\\_data\\_protection.htm](http://www.rbwm.gov.uk/web/foi_data_protection.htm)

If you wish to access the personal data held about you or your child, please contact your Children’s Centre Co-ordinator or write to:

Data Protection Officer  
Royal Borough of Windsor & Maidenhead  
Town Hall  
St Ives Road  
Maidenhead  
SL6 1RF

In order to fulfil their responsibilities under the Act the organisation will, before responding to this request, seek proof of the requestor’s identity, payment of £10 and any information required to locate the personal data requested.

<sup>1</sup> The only exception to this is if it is considered that the well being of a child is at risk. The centre’s Child Protection policy states that if there is a concern for the well being of a child, this will be raised with the parents/carer in the first instance unless this is likely to increase the risk to that child, before a referral is made to Social Services.

Allison Bradshaw  
Family Support Manager  
Early Help and First Response  
The Riverside Centre  
Riverside Extended Services,  
West Dean, Off Ray Mill Road West,  
Maidenhead SL6 7JB



**Windsor &  
Maidenhead**

Dear Parent

I would like to welcome you to your local Children's Centre. Thank you for registering your details with us.

We have a host of activities on offer for you and your children. We will be sending you our timetable each term.

If this is your first visit to a Children's Centre please do not hesitate to ask one of our staff members to show you around and discuss any particular sessions that you may be interested in.

From time to time Children's Centre staff may take photos to capture events. Please could you complete this photo permissions form:-

**Parental Consent Form for the use of Images of Children**

I/we (name) ..... the parent(s)/guardian(s) of :-

(child's full name) .....

(child's full name) .....

(child's full name).....

Hereby give RBWM Children's Centres permission to use any still and/or moving image being video footage, photographs and/or frames and/or audio footage depicting myself and my/our children named above.

I \*do/do not allow usage of myself or my/our children to be included with the published image.

(\*delete as appropriate)

If consent is given please tick boxes for the following usage:-

Around the Children Centre

In Publicity Materials

On Website

Signed :..... Date:.....

Thank you in advance.

Allison Bradshaw  
Family Support Manager

# Notes Page

Use this page to write any notes

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Use this page to write any notes

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# WINDSOR HUB

Little Cygnets  
Datchet,  
Datchet St Mary's CofE,  
The Green, Datchet,  
SL3 9EJ

Little Cygnets Eton Wick  
Eton Wick CofE First School,  
Sheepcote Road,  
SL4 6JB

The Manor Children's Centre  
Dedworth,  
Hanover Way, Windsor,  
SL4 5NW

Poppies Children's Centre,  
Kenneally, Broom Farm Estate,  
SL4 4XP

Old Windsor Youth and  
Community Centre ,  
Robin Willis Way  
Old Windsor  
SL4 2PX

Little Cygnets  
South Ascot,  
The Annexe, Silver Ring,  
High Street, Ascot,  
SL5 7JF

Lawns Children's Centre  
Imperial Road,  
Windsor, SL4 3RU

## Contact us on:

**Telephone:**  
01753 582564

**Email:**

[childrens.centres@rbwm.gov.uk](mailto:childrens.centres@rbwm.gov.uk)

### **Children's Centre Hub Coordinator**

Serena Rumsey – Mitchell

### **Family Support Workers**

Debbie Oates

Amanda Beldom

Emma Robins

Michelle Meredew

Aimee Deacon

### **Other members of the team**

Karen Legg  
Children's Centre  
Business Support

Tricia Phillips  
Parenting Worker

