

## Braywood CE First School



## Physical Education Policy

***“From tiny acorns, mighty oak trees grow, watered and nurtured by the love of God”***

### Policy Statement

Braywood endeavours to provide stimulating, enjoyable and appropriate challenging learning experiences for every child irrespective of their age, gender, cultural or ethnic background. Pupils are encouraged to appreciate the importance of a healthy and fit body and develop a positive attitude towards a healthy lifestyle. The experiences and opportunities provided will enable the pupils to make informed choices about physical activity throughout their lives. Physical education is integrated into the whole school's planning.

### Curricular Aims

In line with the National curriculum Braywood's aims for Physical Education are to ensure that all pupils:

- develop competence to succeed in a broad range of physical activities.
- are physically active for sustained periods of time.
- engage in competitive activities.
- lead healthy active lifestyles.

Underlying these are our aims that pupils:

- enjoy being active
- develop their creativity and problem solving skills.

### The Curriculum

In Key Stage 1 children are taught to:

- master basic movements including running, jumping, throwing and catching, as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

In Key Stage 2 children are taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games and to apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

### Staffing and Staff Development

All teachers are expected to teach Physical Education. All staff at Braywood take part in professional development through Inset, courses and dissemination to ensure secure current subject knowledge and awareness of health and safety procedures. Staff are supported by the subject leader and appropriate guidance and training is provided as required.

### Entitlement/ Continuity and Progression

Braywood endeavours to provide all pupils with a minimum of two hours of high quality Physical Education a week.

- All pupils are taught Gym, Dance, Games and Athletics and at Key Stage 2 also swimming and outdoor and adventurous activities.
- Indoor and outdoor space is allocated to different classes at different times dependent on the activity being taught. All timetabled Physical Education lessons are taught on the school

premises with the exception of swimming which is taught at the Local Leisure Centre by their local staff.

- The Physical Education Co-ordinator is responsible for ensuring that the curriculum is progressive and coherent and provides maximum learning opportunities for all pupils.
- All teachers are responsible for transferring all assessment and pupil information to the next staff member to ensure optimum continuity.

#### Adults Other Than Teachers (AOTTs)

All AOTTs that help within Physical Education lessons are appropriately trained and monitored by teachers. AOTTs are CRB checked and covered by insurance.

#### Safe Practice

All teachers at Braywood make themselves aware of the health and safety arrangements for the areas of activity that they are teaching. We follow the "Safe Practice in Physical Education" guidance provided by Baalpe. A copy of this manual is kept within school and available to all staff. All pupils are taught how to handle and carry apparatus and resources appropriately. They are also taught how to recognise hazards, assess the consequent risks and take steps to control the risks to themselves and others at a level appropriate to their age and maturity.

Safety procedures whilst swimming at the local leisure pool are adhered to. Children are escorted on a coach to and from the Leisure Centre and are accompanied by an appropriate number of Teachers, Teaching Assistants and CRB checked adults. Changing is supervised by accompanying adults.

Children are made aware of personal safety issues e.g. the removal of jewellery and long hair tied back, and these are made clear from foundation stage upwards.

All gymnastic equipment is checked annually by an approved outside contractor.

#### Equipment and resources

The resources are reviewed in order to ensure they are appropriate to the range of ages, abilities and needs of the children and enhance learning.

#### Monitoring and Evaluating the Subject

The Physical Education Co-ordinator observes other staff members teaching PE and monitors progress by scrutiny of plans and liaison with colleagues. Formal feedback is given to help improve teaching and learning within Physical Education.

#### Assessment and Recording

Pupils' progress will be monitored by the individual class teacher who will use these judgements to inform future planning. Gifted and Talented children are highlighted, encouraged to participate in onsite extracurricular activities and directed to external clubs that will extend their skills further.

#### Assessment and Reporting

Teachers assess children's work in PE by making assessments as they observe them working during lessons. At the end of a unit of work, teachers make a judgement as to whether the children have met, exceeded or are working towards the expected outcomes of the unit. They record this and use it to plan future work. At the end of the academic year teachers make an annual assessment of the progress for each child. This is passed to the next teacher to assist with their future planning. It also forms the basis of a comment on the child's progress in the child's annual report to parents.

#### Pupil Leadership

Whole School Sports Leaders are selected and trained from Year 3 and 4 children to support and mentor younger peers and to assist in the organisation of PE lessons and events.

Helen Wakeman  
PE coordinator